

# FEIS ALBA 2010

**GEOFF SHAW COMMUNITY CENTRE  
25 KERRYLAMONT AVENUE  
TORYGLEN, GLASGOW G42**

**SATURDAY 1<sup>st</sup> & SUNDAY 2<sup>nd</sup>  
MAY 2010**

**ADJUDICATORS:** Denise Elebert, Dublin, ADCRG,  
Orla Nic Conuladh, Meath, ADCRG.

**MUSICIAN:** Martin Daly, Glasgow.

**FEIS SECRETARY:** Kathleen McLaughlin  
146 Carmunnock Road,  
King's Park,  
Glasgow,  
G44 5AG. Tel: (0141) 637 2030

<b><u>FEES:</u></b>	Solo dancing	£3.50
	Premierships	£5.00
	Family Maximum	£50.00
	Door Entry	£3.50

- Ø Age to be taken from **1<sup>st</sup> January 2010**
- Ø Official entry forms and fees must reach the feis secretary by **Saturday 27<sup>th</sup> March 2010**
- Ø Cheques made payable to **Kathleen McLaughlin**

## Feis Rules

1. Entries will only be accepted from teachers currently registered with An Coimisiún le Rincí Gaelacha.
2. The adjudicators decisions are final.
3. Complaints, in writing, to be accompanied with a £20 fee to the feis secretary within 1 hour of the incident. The fee will be returned if the complaint is upheld.
4. Competitors must be present when their competition is called and fully obey all directions from the Feis Stewards and Hall Keepers, or they may lose their right to dance.
5. Tempos for all competitions will be in accordance with those stipulated by the Scottish Regional Council

	<b>Beginner</b>	<b>Primary</b>	<b>Intermediate</b>	<b>Open</b>
<b>Reel</b>	<b>TRAD</b>	<b>120</b>	<b>113</b>	<b>113</b>
<b>Single Jig</b>	<b>TRAD</b>	<b>TRAD</b>	<b>TRAD</b>	<b>TRAD</b>
<b>Light Jig</b>	<b>TRAD</b>	<b>TRAD</b>	<b>TRAD</b>	<b>TRAD</b>
<b>Slip Jig</b>	<b>TRAD</b>	<b>120</b>	<b>113</b>	<b>113</b>
<b>Hornpipe</b>	<b>128</b>	<b>120</b>	<b>113</b>	<b>113</b>
<b>Treble Jig</b>	<b>76</b>	<b>76</b>	<b>73</b>	<b>73</b>

6. Beginner and Primary competitions are confined to Scotland.
7. Beginners are only permitted to dance basic steps. Any competitor performing steps of a harder degree of difficulty in the Beginner grade may be disqualified from that particular competition.
8. Beginner: A dancer winning **1<sup>st</sup> or 2<sup>nd</sup>** in the BEGINNER grade must dance that particular dance in PRIMARY grade for at least 12 months.
9. Primary: A dancer winning **1<sup>st</sup>** in the PRIMARY grade must dance that particular dance in INTERMEDIATE grade for at least 12 months.
10. Intermediate: A dancer winning **1<sup>st</sup>** in the INTERMEDIATE grade must dance that particular dance in OPEN grade for at least 12 months.
11. Open: A dancer winning **1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>** in the OPEN competition must dance that particular dance in OPEN grade for at least 12 months.
12. In competitions where there are 5 or fewer dancers, these grading regulations do not apply
13. Dancers must be in full costume and appropriate footwear when receiving awards.
14. The dress code in accordance with An Coimisiún rules will be strictly observed i.e. for the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the feis scantily dressed.
15. Dancers in Beginner and Primary competitions up to and including the Under 13 age group must abide by the Scottish Regional Council Costume Rule.
16. Make-up is not permitted for dancers in Primary and Beginner competitions up to and including the Under 12 age group.
17. Toe blocks or any other footwork danced “en-pointe” whether stationary or moving is not permitted for those dancers up to and including the Under 12 age group.
18. Any Form of unauthorised photography which has the capability to capture a dancers’ image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition.
19. No Hairspray to be used in dancing areas.
20. The use of mobile phones and electronic games is strictly prohibited in dancing areas.
21. Smoking is not allowed anywhere in the building.