



Present Their 3rd Open Feis  
On  
**Saturday 24<sup>th</sup> & Sunday 25<sup>th</sup> April 2010**  
At  
Cardinal Newman RC High School  
Warden Hill Road  
Luton  
Bedfordshire  
LU2 7AE

**Adjudicators:**

<b>Gearoid Stack</b>	<b>A.D.C.R.G.</b>	<b>Co.Limerick</b>
<b>Grainne Feely</b>	<b>A.D.C.R.G.</b>	<b>Co.Kildare</b>
<b>Linda Ball-Hoban</b>	<b>A.D.C.R.G.</b>	<b>Co.Limerick</b>
<b>Lorraine Farrell</b>	<b>A.D.C.R.G.</b>	<b>Co.Galway</b>
<b>Maria McCaul-Mohan</b>	<b>A.D.C.R.G.</b>	<b>Co.Armagh</b>
<b>Regina Burke</b>	<b>A.D.C.R.G.</b>	<b>Manchester</b>
<b>Stephen Masterson</b>	<b>A.D.C.R.G.</b>	<b>Cambridge</b>

**Musicians:**

<b>Dean Crouch</b>	<b>Essex</b>
<b>Majella Collins</b>	<b>Hertfordshire</b>
<b>Sean O'Brien</b>	<b>London</b>

Dear Teachers,

Firstly, we would like to thank you all for supporting our 2009 feis. We are returning to the same venue as last year, Cardinal Newman R.C. High School, Luton, which has excellent facilities. The school is a five minute drive from Junction 11 of the M1 and only 10 minutes from Luton Airport.

Please note the closing date for entries is Friday 26th March. We would really appreciate if the closing date can be adhered to, so as to enable us to produce and publish a timetable prior to the World Championships. We will only be able to do this if the entries are received on time.

Novice (bun ghrad), Primary (tus Ghrad) and Intermediate (mean Ghrad) are open to dancers from **ALL** regions worldwide.

We have invited 7 very accomplished adjudicators and 3 excellent musicians to be with us for the weekend. All Championships from Under 8 upwards will be adjudicated by a panel of 3 adjudicators. There will be sashes/pennants for top 5 dancers in Championships and Premier Trophies.

A computer service will be in operation and printed results will be available after the presentation of Championship awards.

Pat and Vince Preston from Derry Reel Dancewear will be attending the feis where you can buy shoes, socks, CDs etc. Melaine Murphy will also be in attendance, selling wigs, tiaras and other accessories. John and Noreen Egan from Feispix will be taking photos of Championship presentations as well as studio photos.

There will be hot and cold refreshments available all weekend from our canteen.

**Provisional Days of Competitions –**

**Saturday – U10, U11, U12, U13, U14 & U15 – All Grades & Championships**

**Sunday – U6, U7, U8, U9, U16, U17, U19 & O19 – All Grades & Championships  
also 14-16 & O16 Primary & Intermediate Grades**

We look forward to receiving your entries and welcoming you again to our feis.

Many thanks in advance for your support.

Finbarr Conway A.D.C.R.G.

Elizabeth McNelis-Lally T.C.R.G.

The parents and pupils of Conway-Lally School of Irish Dancing.

## RULES

1. Ages to be taken from 1st January 2010
2. The feis will run in accordance with the Rules of An Coimisiun Le Rinci Gaelacha
3. The receipt of entries implies that you acknowledge and accept all of the rules set down by An Coimisiun Le Rinci Gaelacha & the Southern England Regional Council as well as the additional rules listed below.
4. Entries will only be accepted from teachers registered with An Coimisiun.
5. 'Novices Rule' the basic steps as defined by the Southern England Regional Council will be adhered to for all Novices grades and age groups.
6. Novices (Bun Ghrad) & Primary (Tus Ghrad) competitions are open to **all** regions.
7. A dancer may only compete in one grade for each dance.
8. An Coimisiun ruled that as from 01/09/05, no block, en pointe, stationary or moving be allowed to be performed for all ages up to & including the under 12 age group. From 01/09/10, the under 12 age group are allowed to dance on block, en pointe, stationary or moving.
9. Dancers should have proof of age (i.e. Registration cards) in the event of a query into their age group.
10. Where there are 5 dancers or less for Novices (Bun Ghrad), Primary (Tus Ghrad) & Intermediate (Mean Ghrad) competitions the results will not affect their grading.
11. A Novice (Bun Ghrad) is a dancer who has never gained a 1st, 2nd or 3rd place in the Novice grade or any medal in a higher grade for that particular dance.
12. A Primary (Tus Ghrad) dancer is one whom has never won 1st place for that particular dance in any age group.
13. An Intermediate (Mean Ghrad) dancer is one whom has not won 1st place for that particular dance in a particular age group and/or has not won an Open or Preliminary Championship or Premier competition.
14. Any Novice, Primary & Intermediate competition in which competitor's number's are 40 plus, competitors will be split evenly by number.
15. All Championship Cups are perpetual; winners will be responsible for any loss or damage and for their safe return in adequate time for the next Feisanna.
16. All adjudicator's decisions are **FINAL**.
17. Any competitions can be moved to another hall at the discretion of Feis Secretary.
18. No entries will be taken on the day.
19. Dancers must be properly attired throughout the whole competition and in the halls, as well as for the results ceremony.
20. No smoking in any of the schools buildings.
21. In all heavy dances for Intermediate & Open the lead round must be danced on both right & left feet.
22. The Feis committee accept no responsibility for any loss or damage to any personal property.
23. Objections against any breach of the rules must be made in writing and signed by a TCRG to the Feis Secretary & accompanied by a fee of £25. This will be refunded if the objection is upheld.
24. Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, camera, camcorder, cine recorder, commercial film, with or without flash enhancement is expressly forbidden in competition. Photographs taken at awards ceremonies are permitted, however these must be for your own use & not used for public display, unless permission has been obtained.
25. A recall in the Premier competition or championships will be at the discretion of the adjudicators and the organising committee.
26. Makeup will not be permitted for any dancer in the first 2 grades up to & including the Under 12 age group.
27. All Novice and Primary dancers may only wear a class costume, simple dancewear or appropriate attire (skirt & top or simple dress for girls and trousers, shorts and T-shirt or shirt for boys) in competitions up to and including the under 12 age group.  
Failure to comply with this rule may result in the competitor being disqualified.
28. Dancers must enter the solos to be eligible to compete in the Under 6 and Under 7 Premier Trophy and Under 8 and Under 9 Championship.

## Grade Competitions

Age Group	Novice (Bun)	Primary (Tus)	Intermediate (Mean)	Open (Ard)
5 & Under 6	Reel Light Jig Hop Jig Slip Jig	Reel Light Jig Hop Jig Slip Jig	Reel Light Jig Hop Jig Slip Jig	Reel Light Jig Hop Jig Slip Jig Premier Trophy
6 & Under 7	Reel Light Jig Hop Jig Slip Jig Heavy Jig	Reel Light Jig Hop Jig Slip Jig Heavy Jig	Reel Light Jig Hop Jig Slip Jig Heavy Jig	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe Premier Trophy
7 & Under 8 8 & Under 9	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe Championship
9 & Under 10 10 & Under 11 11 & Under 12	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Championship Plus 2 Solos
12 & Under 13 13 & Under 14		Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Championship Plus 2 Solos
14 & Under 15 15 & Under 16 16 & Under 17 17 & Under 19 Over 19				Championship Plus 2 Solos
14 & Under 16 16 & Over		Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	Reel Light Jig Hop Jig Slip Jig Heavy Jig Hornpipe	
<b>6 &amp; Under 7</b>		<b>Open Set Dance Trophy</b>		
<b>16 &amp; Over</b>		<b>Traditional Set Dance Trophy</b>		

## Championships

Premier Trophies & Championships – Girls - (Rounds 1 & 2 will be judged as solos for Under 10 upwards.)			
Age Group	Round 1	Round 2	Recall
Under 6 Mixed Premier Trophy**	Reel	Light Jig	No Recall
6 & Under 7 Mixed Premier Trophy**	Reel	Light Jig	No Recall
7 & Under 8 Championship**	Heavy Jig	Reel	Traditional Set Dance
8 & Under 9 Championship **	Heavy Jig	Reel	Traditional Set Dance
9 & Under 10 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
10 & Under 11 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
11 & Under 12 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
12 & Under 13 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
13 & Under 14 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
14 & Under 15 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
15 & Under 16 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
16 & Under 17 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
17 & Under 19 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance
Over 19 Championship	Heavy Jig/Hornpipe	Reel/Slip Jig	Open Set Dance

**\*\*Solos separate in open grade**

Championships – Boys (Rounds 1 & 2 will be judged as solos for Under 11 upwards.)			
Age Group	Round 1	Round 2	Recall
7 & Under 9 Championship **	Heavy Jig	Reel	Traditional Set Dance
9 & Under 11 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
11 & Under 13 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
13 & Under 15 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
15 & Under 17 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
17 & Under 19 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance
Over 19 Championship	Heavy Jig/Hornpipe	Reel	Open Set Dance

**\*\*Solos separate in open grade**

## Figure & Ceili Competitions

Under 9	9 & Under 11	11 & Under 13	13 & Under 16	16 & Over
2 Hand Dance	2 Hand Dance	2 Hand Dance	2 Hand Dance	2 Hand Dance
3 Hand Dance	3 Hand Dance	3 Hand Dance	3 Hand Dance	3 Hand Dance
4 Hand Dance	4 Hand Dance	4 Hand Dance	4 Hand Dance	4 Hand Dance
Fairy Reel	Fairy Reel	Fairy Reel	Fairy Reel	Fairy Reel
8 Hand Dance	8 Hand Dance	8 Hand Dance	8 Hand Dance	8 Hand Dance
Progressive	Progressive	Progressive	Progressive	Progressive
Ceili C/ship	Ceili C/ship	Ceili C/ship	Ceili C/ship	Ceili C/ship

### Entry Fees

**Door Fee (per family) - £6.00 to be included with entry**

**Trophy Competitions - £3.50**

**U6 & U7 Premier Trophy - £6 – please see rule no.28**

**U8 & U9 Championships - £7 - please see rule no.28**

**Championships - £16.00 – includes 2 solos**

**Ceili & Figure Competitions - £2 per dancer**

**Family Fee - £45.00**

**Entries to be sent to the Feis Secretary:**

Finbarr Conway A.D.C.R.G.  
 86 Crawley Road  
 Luton  
 Bedfordshire  
 LU1 1HZ  
 Tel: 07930 563258  
 Email: [finbarr.conway@ntlworld.com](mailto:finbarr.conway@ntlworld.com)

Cheques made payable to:  
**Conway-Lally School of Irish Dancing**

Closing Date for Entries is  
**FRIDAY 26<sup>TH</sup> MARCH 2010**

**ENQUIRIES & ENTRIES WILL ONLY BE ACCEPTED FROM REGISTERED TEACHERS**

<b>2009 CHAMPIONS</b>	
<b>U6 Mixed</b>	<b>Niamh Keey, Kidd School, Birmingham.</b>
<b>U7 Mixed</b>	<b>Joe Flanagan, Scanlon School, Birmingham.</b>
<b>U8 Girls</b>	<b>Mollie Nottage, Maguire O'Shea, Essex.</b>
<b>U9 Girls</b>	<b>Mairead Trainor-Aitken, Trainor School, London.</b>
<b>U10 Girls</b>	<b>Sophia Fitzmaurice, Murchu-Duiginn, London.</b>
<b>U11 Girls</b>	<b>Aoife Griffin, Marion Flanagan School, Oxford.</b>
<b>U12 Girls</b>	<b>Amy-Mae Dolan, McConomy School, Derry.</b>
<b>U13 Girls</b>	<b>Lily Taylor, McGahan-Lees, Essex.</b>
<b>U14 Girls</b>	<b>Janice Kenny, Brooks Academy, London.</b>
<b>U15 Girls</b>	<b>Olivia Graydon, Maguire O'Shea, Essex.</b>
<b>U16 Girls</b>	<b>Hannah Simpson, Maguire O'Shea, Essex.</b>
<b>U17 Girls</b>	<b>Catriona Quinlan, Scoil Rince Ceim Oir, London.</b>
<b>U19 Ladies</b>	<b>Leanne Gray, McGahan-Lees, Essex.</b>
<b>Senior Ladies</b>	<b>Sarah Leahy, Murchu-Duiginn, London.</b>
<b>U9 Boys</b>	<b>Joe McGeown, Flaherty School, London.</b>
<b>U11 Boys</b>	<b>Conor Rogers, McConomy School, Derry.</b>
<b>U13 Boys</b>	<b>Eamon Kitching, Conway-Lally School, Luton.</b>
<b>U15 Boys</b>	<b>Owen Sherman, Maguire O'Shea, Essex.</b>
<b>U17 Boys</b>	<b>Lewis Childs, Carey Academy, Birmingham.</b>
<b>U19 Boys</b>	<b>Kevin Mills, Aaron Crosbie Academy, London.</b>
<b>Senior Men</b>	<b>James Breen, Murchu-Duiginn, London.</b>

**Please Ensure That Cups Are Returned, Prior To The  
 Relevant Championships Taking Place.**

## **DIRECTIONS**

Leave the M1 at Junction11 and head towards Luton. Take the 1<sup>st</sup> left down Stonegate Road, Left at the roundabout into Oakley Road. Go right at the traffic lights. Go straight after the next set of traffic lights and under the railway bridge. Straight across the roundabout by McDonalds. Go straight at the next 4 roundabouts, the last of these being near the Boater Public House. Turn right at the 5<sup>th</sup> roundabout by Homebase, immediately left into Warden Hill Road, then left into the school grounds.

The school has a Location Map on their website,  
[www.cardinalnewman.luton.sch.uk](http://www.cardinalnewman.luton.sch.uk)

## **TRAINS TO LUTON**

***Luton is on the main First Capital Connect line from London to Bedford***

[www.firstcapitalconnect.co.uk](http://www.firstcapitalconnect.co.uk)

The nearest train station to the feis is Leagrave, then about 5 minutes in a taxi.

## **FLIGHTS INTO LUTON AIRPORT**

***The feis is 5 – 10 minutes in a taxi***

From Dublin, Kerry and Knock Airports - [www.ryanair.com](http://www.ryanair.com)

From Belfast City and Glasgow Airports – [www.easyjet.com](http://www.easyjet.com)

From Waterford and Galway Airports – [www.aerarann.com](http://www.aerarann.com)

## **BASE HOTEL**

**We have a dedicated webpage for room booking at the hotel.**

[www.hig.com/conway-lallyfeis](http://www.hig.com/conway-lallyfeis)

**£50 Bed and Breakfast (Single Occupancy)**

**£60 Bed and Breakfast (Double Occupancy)**

**Hilton Garden Inn Luton North Hotel,  
Butterfield Hitchin Road,  
Luton, Beds, LU2 8DD.**